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## Opinions on the Sustainable Development of Aquaculture

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### Introduction and Background

It is widely acknowledged that aquaculture represents the fastest growing food sector with an annual growth of approximately 10% [1]. Given the high growth rate of this sector, we must look to achieve a sustainable long-term production for the sake of the coming generations. Here we provide our opinion whereby we emphasize the need to rely and build on existing knowledge and studies, both social and environmental, as well as increasing state-of-the-art technologies on aquaculture practices. This will help to mitigate the potential impacts not only on the environment, but also on the society at large, and will therefore ensure long-term sustainability.

The aquaculture sector is a key industry providing a valuable food source to our increasing global population. Aquaculture, however, may also be a sector of activity which has significantly negative impacts on the environment, if not carried out in a sustainable way. One issue, for example, is the mass production of formulated feed which often contains natural fish products (fish meals and fish oils). The increasing demand for aquaculture feed (and other pet-feed) generates a high demand for fish, resulting sometimes in over-fishing of important fish stocks, thus indirectly affecting the overall sustainability of other marine resources [2].

The industry is also regularly attributed to affect the natural environment drastically because of poor environmental practices. The excessive use of antibiotics, chemicals, and the intentional or unintentional destruction of important aquatic habitats such as mangroves, estuaries, and fjords; all important nursery grounds for wild fish stocks may also be generated if the industry develops without controls and regulations. Nevertheless, poor aquaculture practices may also affect nature besides the aquaculture industry itself by negatively altering aquatic resources through pollution of water bodies and sediments, inherently reducing the ecosystem carrying capacity.

A number of notable negative events have occurred over the last decades that are associated with the aquaculture sector, most markedly the cases of widespread disease outbreaks. This has challenged the aquaculture sector everywhere across a range of farmed and wild organisms. Examples include infectious salmon anemia virus (ISAV), Acute Hepatopancreatic Necrosis Syndrome (AHPNS, also known as Early Mortality Syndrome or EMS) and regular Harmful Algae Blooms (HABs) occurring worldwide, generating fish and shellfish mass mortality or aquaculture products unfit for consumption [3,4]. Not only are such cases difficult for the farmers from an economical perspective (bankruptcy), but they also affect local communities which rely on the production and marketing of aquaculture products. This particular societal effect is even more important in areas where aquaculture is run as a "mom and pop business" and where cash flow is a crucial parameter that is not supported by international investments such as in large aquaculture farms.

The disease control within the aquaculture industry, the social and environmental effects that are generated by aquaculture productions can be mitigated and managed by changing the industry's habits from the initial planning stages through to the commercialization of aquaculture products. The solutions differ from one location to another, and are tied

to the developmental stages of the sector in the various regions. The solutions lie in the use of adapted legal framework which should be in line with social structures and environmental conditions, and the application of Best Aquaculture Technologies (BAT) such as state-of-the-art water treatment systems, water management tools, and means by which to firstly identify, then secondly to minimize and eliminate or mitigate disease occurrence and spread.

Stakeholders such as governments authorities, environmental companies, nature protection agencies, farmers and aquaculture associations, research institutes, not-for-profit companies, technology providers, and NGOs should ideally work together to ensure that such poor practices are an exception to the norm, and do not become the standard.

### Need for Adapted Legal Framework and Regulations

To avoid the inexpedient development of the industry, which would put long-term objectives of sustainability at risk, proper decision making tools should be used whenever possible. Of these tools, some may be globally transferable while others adapted locally to address the specific needs of the natural environment and society. To this end, it is the responsibility of governments and decision-makers to ensure that relevant legal framework exists, that regulations are useful and respected, and that the approaches reflect the capacity of the industry to adapt to new relevant procedures nationally, regionally and internationally [5,6]. In areas where the national legal frameworks are limited or not properly enforced, the industry can leverage on examples offered by other countries as well as global certifications programs which are ultimately driven by global consumer demands for not only quantity, but also quality [7]. Thus, different certifications and labels may support the development of a quality assurance framework fostering responsible social and environmental behaviours. However, certifications and labels can only be used as a short term solution to reach better practices in some of the farms working toward exportation of productions but have eventually to be replaced by a proper and enforced legal framework to ensure that best practices are generalized on all the productions.

### Importance of Social and Ecological Baselines

Productions (not only aquaculture), while having an influence on the natural ecosystem structure and functioning, do not necessarily always imply a loss of diversity or function. On the contrary, in some

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cases, extensive management may become a source of high biodiversity [8] while abandoned farmed areas depict a loss of biodiversity [9]. By environmental impacts, we mean not only biodiversity shift as an exhaustive list of species present or absent from ecosystems but rather a combination of impacts on the environment and the society.

Aquaculture as a key industry supporting the economy is relatively new in some regions of the world. Interestingly, aquaculture is not perceived the same way in areas where it has had a long-term persistence as compared to areas where it has been limited to a few niche products responsible for small economy. This presents a good example showing how strongly we are affected by our own perception whereby points of reference change over time and place, an important consideration when establishing a conservation baseline [10]. Extensively managed land farming habitats are recognized as socially important and are supported financially in many countries because they are considered as a traditional, cultural, and natural heritage. We believe that aquaculture will also, in due time, be part of the 'conservation baseline'. However, in order to achieve such a standing, the industry first has to prove that this food production is sustainable by ensuring that the environmental carrying capacity is not exceeded, causing defined negative environmental impacts, and also by ensuring a good quality and quantity of product along the entire production chain.

## Planning and Impact Assessments

In terms of environmental planning and management, we support the idea that whenever possible, formal Environmental Impact Assessment (EIA) should be carried out prior to development of new productions as well as around existing productions where environmental management has not been undertaken or not applied properly. These studies could help ensure that the impacts generated by future productions would not affect the environment in such a way that the resources would be permanently depleted, or the ecosystem function is not dramatically or adversely affected, or unable to recover post-production (if ever discontinued).

In aquaculture, considering finfish, shellfish, as well as other non-fish species, a formal EIA should include consideration of the existing environmental baseline as a basis for the assessment of scenarios for production including type of farmed organisms, quantity and production systems used, resource usage, as well as the more familiar and well-known environmental challenges such as nutrient loading. In particular, environmental assessments of facilities should be analysed and compared to the evaluated carrying capacity of the ecosystem to ensure sustainability [11]. Moreover, a thorough risk assessment covering aspects such as disease, parasites, genetic pollution, etc. should be mandatory. Further, technologies to be implemented should be assessed within a management framework where the environmental carrying capacity is evaluated; this should include whether other types of agro-industry could be connected to the specific aquaculture production (such as mechanical and chemical water treatment, or the use of aquaponics). Such studies are challenging because of the cumulative and often irreversible nature of such impacts and the multiple users with overlapping and conflicting demands on the resources within any given area. This implies that one must evaluate all other sources of alteration for the particular environment to categorise those related to the aquaculture development alone, differentiating them from other impacts and make informed value judgements before arriving at any range of possible solutions and conclusions. Other users of the water resource, such as other aquaculture farms, industries, ports and shipping, tourism developments, and local inhabitants, should be entitled to use the resource sustainably, and this is commonly regulated through practices such as Integrated Coastal Zone Management

(ICZM), covering both the marine and terrestrial interfaces in question. We do believe that this is a proper approach to sustainability, but this is a wider planning tool and not only to be managed by aquaculture stakeholders [12,13].

Nevertheless, aquaculture stakeholders and farmers sharing common resources should first initiate and then take part into Aquaculture Zone Management Programs (AZMP), where after the signature of an agreement or memorandum of understanding (MOU), a minimum of information sharing about the state of their production, nutrient discharge and disease control may be used to ensure beneficial consistency of management throughout all sites, that the carrying capacity of the ecosystem is not exceeded, and that in the event of breakout of disease spread, can be controlled. These types of programs may be occasionally costly and not necessarily easy to put in place, but they protect the industry from negative environmental issues from an early stage, and help to develop and share a common communication line with both neighbours and consumers alike. On a day-to-day practice, farmers taking part in AZMP can share information through databases and geographical web-based /mobile tools to visualise in real time, or in forecast mode, the water quality of their production sites (e.g. Decision Support Systems (DSS)). Early and integrative spatial planning tools used in ICZM and AZMP allow for efficient use of space, but also ensure that new or existing developments do not damage crucial ecological habitats.

## Use of Technologies

The aquaculture industry needs to guarantee its sustainable future development by ensuring that the consumer demands are respected, while respecting the societal and environmental needs. We believe that in implementing new procedures and approaches, which address both practical and economic issues, the industry will grow sustainably without being limited by environmental and societal constraints. We support the rapid and intelligent implementation of state-of-the-art BAT ensuring cleaner and safer production [14]. Whether the productions are situated on land or at sea, there is a possibility to integrate water treatment systems and protocols to improve the quality of the water used in production as well as quality of the effluent discharged back in the environment (sludge and nutrient removal). Water discharges containing nutrients, such as phosphorus and nitrogen, can also be utilized as fertilizers to support additional production of crops for human or animal consumption, possibly in aquaponic systems where no soil is needed [15]. This would reduce the environmental impacts of the primary aquaculture production and create synergies to new products, and thus additional employment opportunities.

Nevertheless, water treatment systems used may well be driven one more level up in terms of control by generalising the use of recirculated aquaculture systems (RAS), where the same water is used again, recirculated, and continuously rinsed in the production system. Fully recirculated systems may re-use 90-95% of the water in the farm minimizing the volume discharged [16]. However, such systems may not be needed in areas with good water resources and optimal water quality, and where the production site and size have been planned properly to ensure that the carrying capacity of the environment is not reached. In such areas, less advanced technological solutions might be sufficient to obtain an environmentally acceptable aquaculture production.

## Conclusions and Future Developments

Finally we advocate that investment in research is crucial to diversify the number of species raised in aquaculture production; this should be done through the improvement of live feed technologies and

feeding protocols [17]. The investment in research and development should also focus on fish-meal and fish-oil replacement as well as in water treatment and RAS technologies. Innovations in areas such as agricultural production, additional to the aquacultural aspects, must be emphasized to develop synergies and align processes. Moreover, governments and other decision-making and regulating bodies must require implementation of suitable environmental assessment and management, including the appropriate application of BAT, according to analysis of the environmental carrying capacity in the local context. Though legal frameworks and their enforcement are the responsibility of governments, stakeholders are also to play their respective roles, avoiding the trap of focusing on tomorrow's gain while ignoring the day after tomorrow's pain, where struggles will emerge if we do not think thoroughly about the sustainability of our growing industry and society.

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